



| Sleep Apnea Clinical Score (SACS)

Historic features

1 Do you have high blood pressure or have you been told to take medication for high blood pressure?

Yes

No

2 People who have **shared (or are sharing)** my bedroom tell me that I snore: (Please pick the best response for the **frequency** of your snoring)

Usually (3–5 times/week)

Always (every night)

3 I have been told by other people that I gasp, choke, or snort while I am sleeping: (Please pick the best response for the **frequency** of any of these symptoms):

Usually (3–5 times/week)

Always (every night)

4 Neck measurement (we will measure you):



| Prediction of Obstructive Sleep Apnea: | | | | | | | | | | |
|--|--|---|---|---|---|---|--|--|--|---|
| Sleep Apnea Clinical Score | | | | | | | | | | |
| | Not Hypertensive | | | Hypertensive | | | | | | |
| | No historic features | Habitual snoring OR partner reports of gasping, choking, snorting | Habitual snoring AND partner reports of gasping, choking, snorting | No historic features | Habitual snoring OR partner reports of gasping, choking, snorting | Habitual snoring AND partner reports of gasping, choking, snorting | | | | |
| < 30 | 0 | 0 | 1 | 0 | 1 | 2 | | | | |
| 30-31 | 0 | 0 | 1 | 1 | 2 | 4 | | | | |
| 32-33 | 0 | 1 | 2 | 1 | 3 | 5 | | | | |
| 34-35 | 1 | 2 | 3 | 2 | 4 | 8 | | | | |
| 36-37 | 1 | 3 | 5 | 4 | 6 | 11 | | | | |
| 38-39 | 2 | 4 | 7 | 5 | 9 | 16 | | | | |
| 40-41 | 3 | 6 | 10 | 8 | 13 | 22 | | | | |
| 42-43 | 5 | 8 | 14 | 11 | 18 | 30 | | | | |
| 44-45 | 7 | 12 | 20 | 15 | 25 | 42 | | | | |
| 46-47 | 10 | 16 | 28 | 21 | 35 | 58 | | | | |
| 48-49 | 14 | 23 | 38 | 29 | 48 | 80 | | | | |
| > 49 | 19 | 32 | 53 | 40 | 66 | 110 | | | | |
| | 30-31 32-33 34-35 36-37 38-39 40-41 42-43 44-45 44-45 46-47 | No historic features< 30 | No historic featuresHabitual snoring OR partner reports of gasping, choking, snorting< 30 | Sleep ApneaNo historic featuresHabitual snoring OR Partner reports of gasping, choking, snoringHabitual Snoring AND pattner reports of gasping, choking, snoring< 30 | Sleep Apnece Like StoreSleep Apnece Like StoreImage Appendix StoreImage Appendix StoreNo historic featuresNo historic featuresShiring or gasping choking sortineHabituag sortineAND sorting SAND sortingNo historic features< <td><<td>0010<<td><<td>0010001100110121012111123313610113101111361013610113122015161220151016282114233829</td><td>Sleep Apprecipited ScoreNo Not HypertensiveNo historic featuresiHabitual snoring OR partner reports of gasping, choking, snoringHabitual Snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner featuresiHabitual snoring Partner featuresiHabitual snoring OR snoringHabitual snoring Partner snoring Partner snoring SnoringHabitual snoring Snoring Partner snoringHabitual snoring Snoring Partner snoring SnoringHabitual snoring Snoring Snoring SnoringHabitual snoring Snoring SnoringHabitual snoring Snoring SnoringHabitual Snoring Snoring SnoringHabitual Snoring Snoring SnoringHabitual Snoring SnoringHabitual Snoring SnoringHabitual SnoringHabitual SnoringHabitual Snoring SnoringHabitual SnoringHabitual SnoringHabitual Snoring104111111<!--</td--></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></td></td></td></td> | < <td>0010<<td><<td>0010001100110121012111123313610113101111361013610113122015161220151016282114233829</td><td>Sleep Apprecipited ScoreNo Not HypertensiveNo historic featuresiHabitual snoring OR partner reports of gasping, choking, snoringHabitual Snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner featuresiHabitual snoring Partner featuresiHabitual snoring OR snoringHabitual snoring Partner snoring Partner snoring SnoringHabitual snoring Snoring Partner snoringHabitual snoring Snoring Partner snoring SnoringHabitual snoring Snoring Snoring SnoringHabitual snoring Snoring SnoringHabitual snoring Snoring SnoringHabitual Snoring Snoring SnoringHabitual Snoring Snoring SnoringHabitual Snoring SnoringHabitual Snoring SnoringHabitual SnoringHabitual SnoringHabitual Snoring SnoringHabitual SnoringHabitual SnoringHabitual Snoring104111111<!--</td--></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></td></td></td> | 0010< <td><<td>0010001100110121012111123313610113101111361013610113122015161220151016282114233829</td><td>Sleep Apprecipited ScoreNo Not HypertensiveNo historic featuresiHabitual snoring OR partner reports of gasping, choking, snoringHabitual Snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner featuresiHabitual snoring Partner featuresiHabitual snoring OR snoringHabitual snoring Partner snoring Partner snoring SnoringHabitual snoring Snoring Partner snoringHabitual snoring Snoring Partner snoring SnoringHabitual snoring Snoring Snoring SnoringHabitual snoring Snoring SnoringHabitual snoring Snoring SnoringHabitual Snoring Snoring SnoringHabitual Snoring Snoring SnoringHabitual Snoring SnoringHabitual Snoring SnoringHabitual SnoringHabitual SnoringHabitual Snoring SnoringHabitual SnoringHabitual SnoringHabitual Snoring104111111<!--</td--></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></td></td> | < <td>0010001100110121012111123313610113101111361013610113122015161220151016282114233829</td> <td>Sleep Apprecipited ScoreNo Not HypertensiveNo historic featuresiHabitual snoring OR partner reports of gasping, choking, snoringHabitual Snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner reports of gasping, choking, snoringHabitual snoring Partner featuresiHabitual snoring Partner featuresiHabitual snoring OR snoringHabitual snoring Partner snoring Partner snoring SnoringHabitual snoring Snoring Partner snoringHabitual snoring Snoring Partner snoring SnoringHabitual snoring Snoring Snoring SnoringHabitual snoring Snoring SnoringHabitual snoring Snoring SnoringHabitual Snoring Snoring SnoringHabitual Snoring Snoring SnoringHabitual Snoring SnoringHabitual Snoring SnoringHabitual SnoringHabitual SnoringHabitual Snoring SnoringHabitual SnoringHabitual SnoringHabitual Snoring104111111<!--</td--></br></br></br></br></br></br></br></br></br></br></br></br></br></br></br></td> | 0010001100110121012111123313610113101111361013610113122015161220151016282114233829 | Sleep Apprecipited ScoreNo Not HypertensiveNo historic featuresiHabitual snoring OR partner reports of gasping, choking, snoringHabitual Snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, choking, snoringHabitual snoring AND partner reports of gasping, |

AREA DEDICATED TO PHYSICIANS

Probability of sleep apnea:

Low = sleep apnea clinical score < 15 High = sleep apnea clinical score ≥ 15

Total sleep apnea clinical score

2/2

Source: Gali B., M.D., Whalen F. X., M.D., Schroeder D. R., M.S., Gay P. C., M.D., Plevak D. J., M.D. (2009) Identification of Patients at Risk for Postoperative Respiratory Complications Using a Preoperative Obstructive Sleep Apnea Screening Tool and PostanesthesiaCare Assessment 110:869–77